

Who to talk to?



Are you feeling worried, stressed or upset? If so then don't hesitate to talk to someone. Below is a list of all of the different people you can talk to and their email addresses.

Teachers

- **Form Tutors**
- You should already have access to your individual form tutors' emails if they have emailed you.
- **Heads of Year**
- st@codsall-middle.staffs.sch.uk (Mrs Deas)
- md@codsall-middle.staffs.sch.uk (Mrs Davison)

Senior ambassadors

As senior ambassadors, we are here if you need anyone to talk to and would rather talk to a fellow student before a teacher.

(A list of Senior Ambassadors' names and contact emails appears here on the pupils' version)

Charities

[Childline | Childline](#)



[YoungMinds - children and young people's mental health charity](#)

